

Peanut Allergies & Cumin

The Food & Drug Administration (FDA) suggests that you avoid certain foods that contain cumin. Please ask us which foods contain cumin, or spices and seasonings that may contain cumin*.

**Cumin is a seed used in both whole and ground form as a seasoning. The FDA is advising people who are highly allergic to peanuts to consider avoiding products that contain ground cumin or cumin powder, because some shipments of these products have tested positive for undeclared peanut protein. For more information visit fda.gov.*

